



# CAM UPDATE

Christian Aftercare Ministries for Ex-Offenders

Non-profit Organization 501(c)(3) [www.christianaftercare.com](http://www.christianaftercare.com)

April 2026

Established 1994

## FROM THE DIRECTOR

By Stephen Fulk, Director

### We Count Our Blessings

God continues to bless CAM enabling this ministry for the formerly incarcerated to flourish. CAM was recently invited to share its ministry at three of our supporting churches. In December, CAM presented at **Immanuel Community Church** in Concord. This church opens its doors wide to the formerly incarcerated where the men attend services, Bible studies, and prayer groups and serve in church ministries. In January, CAM was given a warm welcome by **Greenfield Covenant Church** in Greenfield. The following week CAM received a substantial donation of men's clothes from their clothing closet. In February, CAM presented the ministry to **Bethany Covenant Church** in Bedford. Every year Bethany sponsors a coat drive in support of CAM. Also, a big "thank you" to **Village Bible Church** for donating sleeping bags and many hygiene kits, which will be distributed from the CAM office.

We were blessed again in February when Jordan LaChance visited the CAM office. Twelve years ago, Jordan had a major turnaround. He claimed to be a Christian and was being mentored by Paul Roussel, going to Bible studies, working, and staying sober. Then, he left Helping Hands and started using drugs again. But Paul kept praying. After no contact for two years, Paul got a phone call. Jordan had been convicted by the Holy Spirit and went to a Christian drug rehab in Florida. He went on to study at a Bible institute in Texas. He has been sober for twelve years and is now a pastor in Pullman, Washington.

At January's CAM Board meeting, we interviewed and voted to bring two fellow servants onto our Board. **David Parsons**, from Hanover, NH, was saved late in life and is devoting the rest of his life to serving God; more specifically, he ministers to men that are, or have been, formerly incarcerated. David volunteers at the state prison in Concord. Wednesday nights he interacts with men at chapel services, Thursday nights he facilitates Prison Fellowship Academy, and Saturday afternoons he attends the Celebrate Recovery group there. He has also started mentoring men inside. **Giselle Wallace** has also joined

(continued on page 2)

Praising the Lord  
for over 30 years!

## Trials, Testimonies, and Turnarounds

### Part 2

By Board Member  
Guy Torgersen

*In Part 1 in December's CAM Update, Guy shared how he began volunteering in the state men's prison in 2004 and later Helping Hands Outreach Ministries. Since 2019 he has worked as a licensed substance abuse counselor with Better Life Partners.*

I want to share some correctional data on why it is so important to continue to help those being released and those that struggle with a substance use disorder. Eighty-five percent of the prison population has an active substance use disorder or was incarcerated for a crime involving drugs or drug use.

In New Hampshire's correctional system, substance use disorders are highly prevalent, affecting over 50 percent of people in state prisons with opioid use disorder and an estimated 75 percent of county jail inmates with a history of substance abuse.

A lifetime history of incarceration is common among individuals who use drugs intravenously with 56–90 percent previously incarcerated. Furthermore, 17–19 percent of individuals in US jail and prison systems have regularly used opioids prior to incarceration.

Providing Medication-Assisted Treatment (MAT) in correctional facilities can reduce the risk of overdose death post-release by 85 percent.

(continued on page 3)

(From the Director, *continued from page 1*)

the CAM Board. She became a Christian at a young age and has served in church ministries most of her life. She has a legal background in workman’s compensation and a desire to support Christian ministry with her broad knowledge and innovation. Originally from California, Giselle is now living in Middleton, NH. She has agreed to assume the role of CAM treasurer. She is currently working with the accounting companies Chazin & Co. and QuickBooks and is updating CAM’s financials.

CAM recently began using a Customer Relationship Management (CRM) program to record all of CAM’s encounters with men inside and outside of prison. This documents the details of all CAM’s interactions with the individuals we serve. We produce a monthly report showing what CAM does each month, meeting men in the office, giving out clothes, and holding Bible studies and individual mentoring inside and outside of prison and halfway houses. Thank you, Steve Micucci, for implementing the CRM.

Thank you to Mike Grady for his 20+ years of service to CAM. Mike continues to minister in the CAM office on Thursday and leads Bible studies at Valley Street Jail and the CAM office. He is a valuable consultant. He recently retired from leading a Bible study at Calumet, but another CAM Board Member will soon be leading that Bible study once the NHDOC gives approval.

~ Stephen

### PRAYER REQUESTS



For the Gospel to get into every NH prison, jail, and halfway house so the men and women have an opportunity to respond to the gift of salvation through Jesus Christ.

For a Christian to fill the chaplaincy at the New Hampshire State Prison.

#### **Praise for Answered Prayer!**

Last time you prayed for housing for Al. He has moved into his apartment in Concord and continues attending church faithfully.

For more prayer requests and praises, please go to <https://christianaftercare.com/current-prayer-requests/>.



## MY PERSONAL TESTIMONY

by Jeff Fellows

*Director’s Note: Jeff will be giving his testimony April 12 when CAM visits First Baptist Church of Manchester.*

My name is Jeff Fellows, and I grew up in Hudson, NH. From the outside, my family looked perfect. We lived in the biggest house in the neighborhood, and people assumed we had an ideal life. My mother took us to the First Church of Nashua regularly, where I learned about God. But behind closed doors, life was very different.

My father beat and whipped us often. As the oldest child, I carried the brunt of his anger and was expected to help him constantly. At school, I was bullied and beaten as well. I learned early that if I defended myself, I would be punished again at home. Many days I was beaten at school, only to go home and be beaten again.

### Searching for Escape

As a teenager, I turned to marijuana to escape the pain. After high school, I joined the Army. This was shortly after the Vietnam War, so serving in the military wasn’t respected. After two years at Fort Knox, I was transferred to the 2nd Armored Cavalry Regiment in Nuremberg, Germany. While in Germany, I traveled and drank heavily—every day, all day. After months of drinking, I blacked out. When I woke up, I was bruised and cut all over. I still don’t know what happened. After leaving active duty, I joined the Massachusetts National Guard to help pay for college. During parades, people insulted us, spit at us, and threw things at us. It was a difficult time.

### Marriage, Family, and Hidden Pain

After college, I met a woman who loved me, and we married. We had a son and a daughter. We attended a Catholic church for a while but soon stopped. I was so grateful to have someone who cared for me that I ignored the warning signs. Over time, she verbally abused me, calling me worthless. She made it hard for me to see my family. After nearly 30 years of marriage, I finally ended it. Years after our divorce, I learned she had been unfaithful.

*(continued on page 3)*

(Trials, Testimonies, and Turnarounds, *continued from page 1*)

The three-year recidivism rate (those who return to prison within three years) in New Hampshire is 41.5%, similar to the national average. In fiscal year 2023 in New Hampshire, 51 percent of prison admissions were due to parole revocations.

I have been involved with CAM's Board since 2015, and I have had the privilege of seeing men I previously knew behind the walls being released into the community and coming to the annual fundraiser dinners. I have found joy playing music with many of these men as I was part of the worship band for years. I have seen hundreds of men come through the fundraiser doors, and they all have one thing in common. The men have a personal relationship with Jesus Christ. They attend church and are part of their church community. I have seen incarcerated men get married and those whose wives waited for them who are still married. They have not re-offended and have stayed out of prison. They own their own businesses or are working in the community. My God is a God of second chances! When I think of the miraculous change for these men, the scripture verse that comes to mind is **2 Corinthians 5:17 (ESV)**:

---

*Therefore, if anyone is in Christ, he is a new creation.  
The old has passed away; behold, the new has come.*

---

I plant seeds of hope and encouragement in these men and women that struggle with addiction. I try to have an impact. I have maintained friendships with the men in sober living and continue with some of those friendships. I ran Bible studies before I worked in sober living, and men shared how meaningful those studies were to them. I recently attended the Helping Hands Outreach building dedication to Paul Roussel, and there were numerous former inmates that attended. They have continued their faith walk from when Paul encouraged them to follow Jesus many years ago.

Stigma and judgment are a difficult part of the men's and women's walk in sobriety. Incarcerated men and women deal with the stigma of a felony record, but in most cases, they also have the stigma of a substance use disorder. Please look at them as God does, as one of the lost sheep that He rescues. Seeing their transformations is inspiring every day.

CAM would love to include you in our email list for future communications, updates, and opportunities. Please take the time to send us your email address:

[info@christianaftercare.com](mailto:info@christianaftercare.com)

EMAILS WILL BE KEPT CONFIDENTIAL

~ Guy

---

(My Personal Testimony, *continued from page 2*)

### **Finding Jesus in the Darkest Place**

Prison was where God finally got my attention. While incarcerated, I grew closer to Jesus and learned to accept His love for me. Many of the programs that helped me were offered through the prison chapel, including the Prison Fellowship Academy. Through these ministries, I found healing, accountability, and hope. I learned that God loved me—not because I was perfect, but because He is gracious.

### **A New Life in Christ**

Since being released, my focus has been on God and on becoming the man He created me to be. My attitude has changed, and I trust Jesus to take care of me, and He has. I'm not actively looking for a partner, but I pray that if it is God's will, He will bring a good Christian woman into my life and bless me with a healthy relationship. And if He doesn't, that's okay. I have friends, and I have Jesus. Today, I stand here as a man redeemed by God's grace. My past does not define me. Christ does. And I am grateful every day for His mercy, His forgiveness, and His love.

~ Jeff

**CAM UPDATE**  
Christian Aftercare Ministries  
50 Lowell Street  
Manchester, NH 03101

**Non-Profit Organization**  
U.S. Postage PAID  
Manchester, NH 03101  
Permit Number 434

TO ADDRESSEE OR CURRENT RESIDENT:

CURRENT NEEDS

**Jeans, Bicycle Helmets, Backpacks, Leather Belts**

FOR INFORMATION ABOUT DONATIONS,  
PLEASE CALL OUR OFFICE: 603-669-5090.

*THANK YOU FOR YOUR CONTINUED SUPPORT*

CURRENT NEEDS

## **CHRISTIAN AFTERCARE MINISTRIES**

Co-laborers with the Church in ministry to ex-offenders since 1994

[www.christianaftercare.com](http://www.christianaftercare.com)

Office Hours: Mon. 10:30 a.m.–4:30 p.m.

Weds. 10:00 a.m.–4:00 p.m.

Thurs. 10:00 a.m.–6:00 p.m.

Phone: 603-669-5090

**THANK  
YOU!**

Tax-deductible donations may be made payable to

Christian Aftercare Ministries at  
50 Lowell St., Manchester, NH 03101  
or online at [Christianaftercare.com](http://Christianaftercare.com)

*CAM is a 501(c)(3) ministry.*



**INVITE A SPEAKER:** If you would like a CAM Board Member to visit your church or group to speak about this ministry, please call the CAM office at 603-669-5090 to schedule a date.

**Board Members:** Stephen Fulk, David Grant, Ernie Kilman, Guy Torgersen, Deb Torgersen, Steve Micucci, John LaCourse, David Parsons, Giselle Wallace

*CAM UPDATE is issued tri-annually and sent from Manchester, NH. Stephen Fulk is the Director/Publisher. Kathleen Deselle is the Editor. To join our mailing list, email us at [info@christianaftercare.com](mailto:info@christianaftercare.com) or call the CAM office at 603-669-5090 during office hours to speak with someone about our ministry.*